Sustainable Career Cards Sort (SCCS) – Brief User Guide

Sustainable Career Cards Sort (SCCS; © S. Rochat & J. Masdonati, 2018), design@Josua Rochat, name@Barbara Silva

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Purpose	"Where your talents and the needs of the world intersect, there lies your vocation," Aristotle is said to have remarked. The SCCS instrument invites participants to reflect on how their career aspirations can contribute to addressing contemporary challenges.
Background	The SCCS instrument is based on the 17 Sustainable Development Goals (SDGs) established by the United Nations in 2015. These goals call for action to address the planet's economic, social and environmental challenges: no poverty, zero hunger, good health and well-being, quality education, gender equality, clean water and sanitation, affordable and clean energy, decent work and economic growth, industry, innovation and infrastructure, reduced inequalities, sustainable cities and communities, responsible consumption and production, climate action, life below water, life on land, peace and justice, and partnerships.
Rationale	The SCCS instrument aims to support the career counseling process by helping participants to: • Understand how career aspirations can contribute to achieving the Sustainable Development Goals. • Make career choices that are meaningful for the individual and sustainable for humanity and the planet.
Process	With reference to the 5As model of career counseling, the SCCS instrument is particularly relevant to two phases: • Analyzing the desired future: helping participants envision their future by transforming the challenges facing the world today into meaningful and motivating opportunities for action. • Activating the choice: supporting commitment to career options that align with a desire to contribute to society.
Content	The SCCS instrument contains 19 cards, each representing one of the UN Sustainable Development Goals and accompanied by a definition. For clarification purposes, the goal of "Decent Work and Economic Growth" is divided into two separate cards. In addition, the goal of "Reduced Inequalities" is supplemented by a dedicated card focusing on migration.
Administration	1. Invite the participant to sort the cards according to how strongly they feel affected by or concerned about each goal. 2. Invite the participant to distinguish between the goals they would like to contribute to in their personal life and those they would like to contribute to in their professional life, or both. 3. Explore together the connections between these goals and the participant's strengths and interests, as well as the compatibility of the career options being considered.
Further Reading	• Les 5As du conseil en orientation (Chapters 2.2 and 4.3). • Mapping career counseling interventions (Chapter 5.6).
References	ONU. (2015). Transforming our world: The 2030 agenda for sustainable development. https://sdgs.un.org/2030agenda